

**FREEDOM FROM ADDICTION  
to Pornography**

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## **INTRODUCTION**

My addiction to pronography started during a grade school paper drive. We went door-to-door in our neighborhood collecting newspapers and magazines to help the war effort at that time.

As I was sorting through one of my after-school donations one day, I found some nudist magazines in one of the piles someone had contributed. Once my eyes saw the raw photos of unclothed people, especially women, I was hooked. The strong desire to see more such stimulating pictures controlled me for many years after that—even after I was married and in the ministry. Even now, I have to guard myself from that allure.

I understand the power of this addiction, but I also now know the way out of its defiling grip.

I hope and pray this little booklet will bring deliverance and healing to each soul that partakes of it and glory to Jesus of Nazareth who gave His life so we can break free of such bondages and become overcomers.

For the Kingdom,

Micah

## **FREEDOM FROM ADDICTION to Pornography**

It started with a look, not a bite.

**“So, when the woman saw that the tree *was* good for food, that it *was* pleasant to the eyes, and a tree desirable to make *one* wise, she took of its fruit and ate.” - Genesis 3:6**

Evidently, it wasn't the taste of the fruit that drew Eve to take a bite of its fruit, it was how the tree looked. Something must have found entry into this woman through her eyes to stir her and entice her to disobey her loving Creator.

The Apostle John told us to, “Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that *is* in the world—the lust of the flesh, **the lust of the eyes**, and the pride of life—is not of the Father but is of the world.” – 1 John 2:15-16

Jesus talked about the eye as a portal in Matthew 6:23 where he says, “If your eye is bad, your whole body

will be full of darkness.”

We have an expression: “That caught my eye,” which is to mean that something drew my attention to look at it. So, when we consider the outcome of what Eve and Adam did after being drawn to look at the beauty of the tree and what John and Jesus said about our eyes, it is quite obvious that our eyes are a gateway into our souls. What we gaze upon can allow influences into our inner life, and if our eye has lust, these influences can only be spirits or demons.

In the case of Adam and Eve, we see that a spirit of fear came into them when Adam said to God, “I was afraid.”

Paul made it clear that fear is a spirit when he told Timothy that God had not given him a spirit of fear. If fear is a spirit and it doesn't come from God, then where does it come from except from the serpent or evil one? Perceivably, other spirits can enter this way also.

When a person is first exposed to pornography or some sexually charged scene, an indelible image is seared upon the retina of the mind. Usually, the memory of what has been seen will not go away, even if the visual impact was offensive. Sexually charged visual images can have even greater impact because they effect not only our mind, but also our flesh.

Intensive experiences cause personal vulnerability that open doors for unclean spirits to enter us. Some of these experiences can be accidents, seeing horrible things, the death of a loved one, sexual molestation or abuse. The symptom of such trauma or shock is usually diagnosed as PTSD. The reality is that at the moment of the exposure, the demon spirits seize the opportunity to

enter and indwell. Once in, their hold can be difficult to break.

The power of pornography that grips one's soul is due to the demons that enter through the eyes at first exposure. Once these things get in, there is no satisfying their lusts. They can gain strength of influence causing damage to the soul and destruction of the body. Such a person eventually loses control of the fantasy area of their life and are actually possessed by demons in that part of their soul.

In the daily news reports, it is not unusual to see how overriding and powerful these spirits of sexual lust can be when passion blinds the individual, lets them override common sense and destroy their reputation and career by some sexually motivated act.

The greater damage of pornography comes because of the nature of unclean spirits. These things want to get in a person because they do not have a body. They were disembodied, primarily, because of their sexual sin. The Scriptures refer to this in Genesis 6. More details can be found in the books of Enoch.

So, spirit being spirit means that the dwelling place in a person (which demons call their house) is in the fantasy realm of the soul. From there, these parasites hunger to be fed more and more visual images of a sexual nature. They are insatiable.

We cannot say that a demon made me do anything. Wherever a demon can have influence in anyone, there must be some kind of agreement by the host. The prophet Amos declares, "Can two walk together unless they are agreed?" In other words, can we truthfully blame the demons or the devil for our problems?

No. Absolutely not!

Such demonization draws the host more and more into oneself. Such a person begins to live more and more in the dimension of fantasy rather than real life. The individual's sexual life becomes more and more nebulous in the mind rather than distinguished in the body. As the effect of palpable stimulation dims, other problems develop.

The sexual experience, whether with another person or in masturbation, becomes more hallow and empty leaving one without complete satisfaction.

Such a one can no longer live in and enjoy the moment unto itself. He or she must turn to fantasies in their mind to enhance stimulation. This usually leads to one seeking out all kinds of mentally absorbing, darkened room activities such as movies, video games or computer obsession. It can even lead to a husband and wife committing adultery in their own marital bed.

In one of his letters to the Corinthians, Paul says that anyone who commits sexual immorality sins against his own body. This explains why so many people eventually begin to have physical problems: sterility, pain during intercourse, erectile dysfunction, breast cancer, STD, etc.

Ultimately, continued sexual sin leads to idolatry and perversion. For someone ever seeking the ultimate thrill, only the taboo of homosexuality or some perverse sexual experience is left for the addicted to experience and this only leads to more intense sexual lust and pressure. Chapter one of the book of Romans tells us this is so.

In reality, such a person, Christian or otherwise, is not a victim but a slave.

**“Do you not know that to whom you present yourselves slaves to obey, you are that one’s slaves whom you obey, whether of sin *leading to death*, or of obedience *leading to righteousness*?” – Romans 6:16**

Throughout my years of ministry, I have encountered many Christians with such sexual problems, but few were willing to take the steps necessary to break free once they realized the challenge.

The medical people have begun to label addictions as diseases, but the spiritual diagnosis through the Holy Spirit’s discernment reveals that they are spiritual and demonic infestations. This fact should give hope to anyone afflicted with an addiction if they have a relationship with Jesus Christ. Yes, dear reader, Christians can and do have demons.

Once an addict, always an addict is not the confession of one who should be more than a conqueror through Christ. New Testament deliverance clears the way for healing and transformation, so the new man (who is certainly not an addict) can come forth.

Let me say, like the apostle Paul, “I speak in human *terms* because of the weakness of your flesh. For just as you presented your members *as* slaves of uncleanness, and of lawlessness *leading to more* lawlessness, so now present your members *as* slaves *of* righteousness for holiness.”

For one to be a slave, there must be a master. In the case of addiction, the master is a demonic personality. This demon power will have helpers, or shields, which are other unclean spirits. Some of these spirits dwell in the sexual organs, but the stronger ones work in the mind

through fantasy lusts.

Masturbation is a strong spirit that finds residence alongside the pornography spirit. This spirit works hand-in-hand (pun intended) with the pornography loving spirit. It understandably lodges itself in the hands and, during ministry, the hands of its host will usually begin to shake due to the demons involved.

Many sexually addicted souls are perversely attached to some particular part of the body or some item of attire which triggers their lust. Such fetishes usually installed at the time of the first awakening of the libido or sexual drive.

Once an individual willingly admits to an addiction and sincerely desires to be loosed from its powers, he or she must see they will be facing a confrontation with the personality that has made them its host to gratify its own desires.

Evidentially, speaking out of his own experience, Paul said,

**“For what I will to do, that I do not practice; but what I hate, that I do. If, then, I do what I will not to do, I agree with the law that *it is good*. But now, *it is no longer I who do it, but sin that dwells in me.*”**

To emphasis his point, he repeated in the same passage,

**“Now if I do what I will not *to do*, it is no longer I who do it, but sin that dwells in me.” - Romans 7**

Some addicted souls are able to brace themselves up and stop their addictive behavior by attending group meetings and continually confessing a state of being, but their life becomes like a walk on a tight rope across a crevasse of fear of failure. Others permit someone to

lock them up for a period of time in hopes that forced abstinence will do the trick. The high percentage of recidivism from these methods is common knowledge. The lack of understanding or the denial of the spiritual aspects of addiction are the primary reasons for this fact.

How can this enslavement be broken?

First and foremost, the bondage must be attacked as an act of war against a personal spiritual enemy. The primary enemy is a pornographic spirit that came in through the lust of the eyes. After entry, it begins to strengthen itself by inviting other unclean spirits to come in. Eventually, this porn loving spirit establishes itself as a strongman gaining more and more control of its host.

Like all other addictions, there is no complete release and freedom without the cleansing power of the blood of Jesus and what He conquered for us on the cross.

No longer should one need to confess that he or she is an addict of this or that for such is not so when Christ sets us free and we become “free indeed!”

If anyone so desires to completely turn themselves and their overpowering bondages over to Him, He has made the way to victory and a whole new beginning of life.

Let's see how.

# **THE WAY TO DELIVERANCE AND FREEDOM**

## **ADMIT your bondage**

The way to freedom from any addiction begins with bringing the issue into the light. Although you may be aware that you have a problem and desire to be free, as long as you keep it hidden, it will maintain its grip. Fear of rejection, guilt and shame are demonic influences that will work to keep you from taking the first step toward deliverance and healing. You must decide if you want your dignity (if you have any left) or your deliverance.

## **UNDERSTAND what really has been going on**

The reality of your situation is that you have allowed something to come into your life and take control of an area of your life. At the point of entry, you might remember a feeling of pleasure and warmth not realizing what has happened to you spiritually as most people do. Nonetheless, a supernatural event has taken place in your life and it is not a good miracle.

When an unclean spirit enters a person, it not only begins to gratify itself of his own particular needs, but it also invites other similar unclean spirits to come in for its shielding and reinforcement. Such a spirit is what Jesus called a “Strongman,” and said to overcome this demonic spirit we must take his armor from him. So, first, we bind the Strongman and, then, we take his armor from him by casting out the demons he has brought in with him.

Without this ministry, the addiction grows stronger and stronger and never fully goes away. Most addictions may be suppressed to a great degree, but recovery groups unwittingly teach their members to merge their addiction with their identity by verbal confession.

### **RENOUCE AND REJECT YOUR AGREEMENT WITH THE DEMONS**

“Can two walk together, unless they are agreed?” Says the prophet Amos. Which means to say, whether aware of it or not, for a demon to reside in a person, that individual must have some kind of rapport with it. In other words, the person and the demon find gratification for one another. This unholy covenant must be recognized, rejected and renounced.

Read and believe what Jesus said in Luke 10:19:

**“Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.”**

Tell the spirits of lust and pornography to leave you! Cast them out! Exercise your authority over demons, but before you do, be sure that Jesus Christ of Nazareth is the Lord of your life.

### **STOP WHAT YOU ARE DOING AND CALL FOR HELP**

Repentance is not just turning away from something, but it is also turning TO Someone. With all your heart and soul, call out to Jesus and the Heavenly Father. They will be there to help you stop going back to the sty and eating the husks. Delete and destroy your porn files and piles (of porn magazines).

## **SEEK PERSONAL HELP**

Find someone you can trust and who believes in and can minister deliverance. Confess your sins to them and ask them to pray for you. Be sure they understand that the strongman of your addiction must be bound first so he can be stripped of his armor and his house be plundered. The demons must be renounced and cast out. Confront the enemy and do not give up until he is completely defeated.

## **READ THIS PRAYER THEN SPEAK IT ALOUD**

Father in heaven, in the name of Jesus Christ of Nazareth, Your Son and my Savior, I humble myself before You now and call upon You for deliverance from unclean spirits in my life. I now fully receive Your forgiveness and thank You for Your grace and long-suffering toward me.

I now renounce and rebuke every unclean spirit that has come into my life through the lust of my flesh, the lust of my eyes and the pride I have in my life.

I bind you strongman (speak his name) and declare that your house be plundered that I may take the spoils out of your defeat. I command every unclean spirit that has come in to protect you to leave me now. I strip you of your armor and shields in the Name of Jesus Christ of Nazareth and declare, that by the power of His blood, I am now being cleansed of all unrighteousness and stand delivered by my faith in God's Word.

Thank You Jesus for Your deliverance in my life and thank You Abba Father for Your love for me. Amen!

## **PREPARE TO HOLD YOUR GROUND**

Now comes the battle of holding the ground gained.

Jesus warned about this:

**“When an unclean spirit goes out of a man, he goes through dry places, seeking rest; and finding none, he says, ‘I will return to my house from which I came.’ And when he comes, he finds it swept and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first.” - Luke 11:24-26**

## **BE AWARE OF WHAT WILL HAPPEN**

When the demons come back, they will make you feel as though they have actually gotten back into you again. They cannot do this unless you allow them to do so and if you have not truly made Jesus the strongman of your life.

Such symptoms are lies!

Do not believe them!

## **DO THE FOLLOWING WHEN THIS HAPPENS**

**“SUBMIT** to God. **RESIST** the devil and he will flee from you.” - James 4:7

### **SPEAK out**

**“I renounce and rebuke you demons. You will not come back into my life. Leave me now! Jesus is the Lord in this house.”**

### **REFUSE and replace**

Deliberately, choose to not go view the porn again, rather decide to replace the urge by quoting or reading Scriptures, calling an understanding friend, asking your spouse for support, exercising—anything to replace the old comfort pattern.

### **REQUEST help from the holy spirit**

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” - Phillipians. 4:7

### **RELY on the promises of Gods Word**

“The Lord is faithful, who will establish you and guard you from the evil one.” - 2 Thessalonians. 3:1

### **REJOICE with praise**